



Massage Therapy

SWEDISH MASSAGE 60/75/90 min

Our signature massage utilizes classic techniques to ease away stress and tension, relax tired muscles, improve circulation, and restore balance.

60 min \$105 | 75 min \$125 | 90 min \$150

TEEN SWEDISH MASSAGE 45 min

Ages 12 - 18 with parental consent

\$75

DEEP TISSUE MASSAGE 60/75/90 min

An area-specific massage designed to focus on areas of persistent discomfort. We recommend this massage after a strenuous game of golf or intense workout.

60 min \$120 | 75 min \$150 | 90 min \$180

CUSTOM COMBINATION MASSAGE 60/75/90 min

This treatment is individualized to each client and incorporates a combination of deep tissue massage, Swedish massage, and aromatherapy.

60 min \$115 | 75 min \$140 | 90 min \$175

WARM RIVER ROCK MASSAGE 75 min

Penetrating heat from smooth, oiled, and warmed basalt stones is used with light to medium pressure to relieve tense muscles and sore joints.

\$145

MOTHER-TO-BE MASSAGE 60 min

Please provide due date at time of reservation

Designed with special support and care especially for the mom-to-be. This massage is designed to relieve discomfort and reduce fluid retention.

\$105

REFLEXOLOGY 30 min

Using an ancient Chinese art of relaxation, this treatment involves the application of pressure to specific reflex points located in the feet that correspond to related glands, organs, and systems of the body.

\$30